



PRECOR® | **GLUTEBUILDER®**

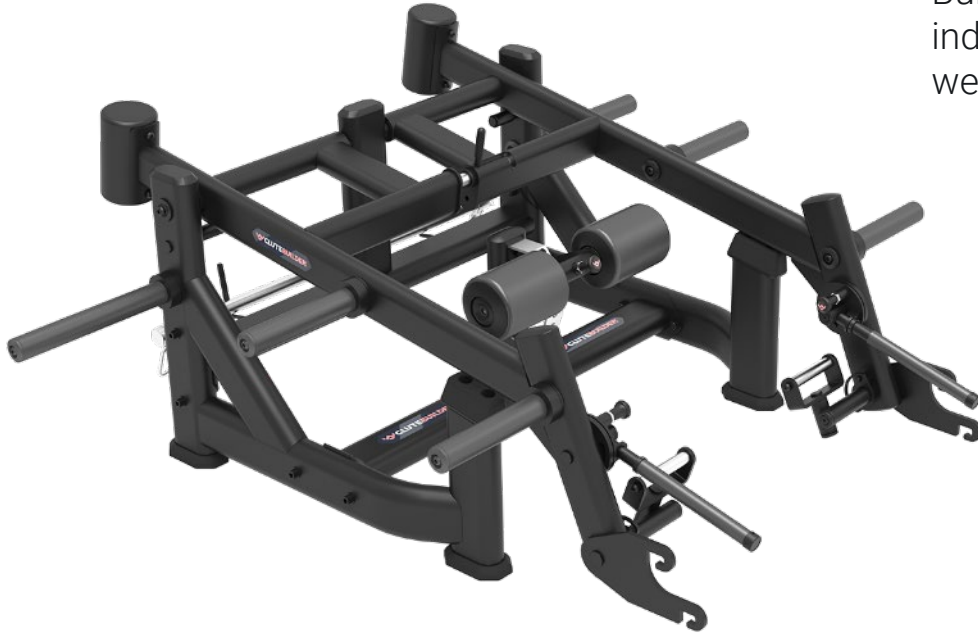
6 INNOVATIVE PLATE LOADED PRODUCTS
THAT TARGET THE GLUTES, LEGS, AND HIPS.

Hip Thrust Elite



A smith machine for the glutes! Exercisers can move the barbell freely up and down or slide it forwards and backwards for a perfect fit.

Deadlift Elite



A purpose-built training platform for deadlifts and Bulgarian split squats, with multiple grip positions, independent arm options, and a low starting weight.

3D Multi-Abductor

The multi-planar 3D motion and optimized resistance profile ensures the glutes are challenged through the entire range of motion. Even better, the adjustable seat back shifts the emphasis from the gluteus maximus to medius muscles.



Pendulum Kickback

Replicates the popular cable kickback exercise in a more stable, effective way that isolates movement to the hip joint.



Dual 45 Hip Extension



The industry's first 45-degree plate loaded hip extension offers multiple foot plates for hamstring and glute training positions, while eliminating the struggle of holding free weights during the movement.

Kneeling Glute Isolator



The best plate loaded machine for isolating the glutes and engaging them properly throughout extension.

Additional details

Dimensions (L x W x H)

Hip Thrust Elite	77 x 67 x 51 in / 196 x 17 x 130 cm
3D Multi-Abductor	72 x 48 x 57 in / 183 x 124 x 145 cm
Deadlift Elite	67 x 74 x 29 in / 170 x 188 x 74 cm
Kneeling Glute Isolator	65 x 59 x 56 in / 165 x 150 x 142 cm
Pendulum Kickback	68 x 60 x 55 in / 173 x 152 x 140 cm
Dual 45 Hip Extension	61 x 56 x 49 in / 155 x 142 x 125 cm
